

Matua Moments

Issue #2

Autumn/Winter 2016



CHOOSE A BOOK

Like to have a good read and want to pass the book on for someone else to enjoy?

Well there is a way to share the passion and power of words with your neighbours and two of our residents are offering this to you.

On Levers Road and Manuwai Drive you will find two Mini Libraries where you can take or swap a book. Look for the box with a window at 239 Levers Road or check out the big red telephone booth at 102 Manuwai Drive.

Oh and take a book with you to add to the collection.



Richard Kluit... an area specialist for over 20 years and passionate about our community



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Contact
Richard today!

From the committee

Unfortunately the weather gods transpired against us for a second year in a row and we had to abandon our Waitangi Day "Picnic in the Park". Deciding whether to risk buying 600 sausages when the forecast is indicating a likely downpour at 4.00pm, the bouncy castle being a no go if it is raining at all, and with not knowing how many may turn up if conditions are marginal resulted in playing it safe and cancelling.

The tennis courts are used regularly by the community but are in need of repair. As we have no way knowing just how many use the courts, it is proving difficult to obtain funding. If you use the courts please let us know by emailing us on community@matua.org.nz with a letter of support.

New ideas can often be hard to get off the ground despite having plenty of interest. The committee continues to pursue the concept of a Park to Park trail where there are items of "interest" along the Matua foreshore to Kulim Park. Artwork, sculptures, history boards, exercise stations and poetry signs are all examples of what could make the foreshore an interesting place to walk.

The association website holds a lot of information but could be so much better with an expert behind the operation. **Do you have website skills?**

If so contact us on email and let's talk about how we can make the website not only one to be proud of, but full of interest that will benefit the community.

If you have memories of growing up in Matua and would like to write a small essay for the next publication, we would like to hear from you. Matua has changed so much in a relative short period of time and new residents would enjoy hearing how it used to be. Once again email or contact Richard on 0274 337 675.

Later this year we will no doubt host the "Meet The Candidates" meeting for the local elections. Had you thought about standing to represent Matua as part of the wider Otumoetai/Pyes Pa Ward? Be our voice.

We welcome new ideas and new committee members, come join us to support your community.

Richard Kluit

www.matua.org.nz

is hosted by the Matua Residents Assn and is a vehicle of communication within our community. There is information about the roles of the Association plus

- **Community Patrols and Neighbourhood Support**
- **Civil Defence**
- **Matua Estuary Care Group**
- **History of Matua** (photos and information is keenly sought)

Links to connect to pages / websites for Matua Bowls, Matua Baptist Church, Matua Kindergarten and Matua Primary are also included. A local business directory will be included.

If your community group wants to be part of this initiative contact Richard on 0274 337 675 or any committee member.



Matua Residents' Association

Community Patrols

Neighbourhood Support • Community Groups • Tennis Courts

Visit the community website:

www.matua.org.nz

or email us:

community@matua.org.nz

Matua Estuary Care Group: **estuarycare@matua.org.nz**

radius matua

Set in the beautiful suburb of Matua, Radius provides a warm and restful home for the older people in our community who require additional care to lead a full and happy life.

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Esplanade Reserve Restoration

The last stage of a project that began in 2000 between TCC, the Matua Saltmarsh Advisory Committee (since disbanded), and Matua Residents Assn to restore Matua Saltmarsh between Bellevue to the South, and Bay Street in the North, will get under way shortly. The last area is between Elmes Reserve and Bay Street.

It will take several years to re-establish native plants back in to this area where the bush has succumbed to invasive species and weed trees. Non-natives will be targeted first, weeds removed and natives planted. The Matua Estuary Care group currently undertake pest control measures to eradicate rodents, stoats and weasels. These pests threaten the survival of bird species such as the Banded Rail and North Island Fern bird.

Work is also due to begin on clearing above the storm water pipe through this area, and debate continues on whether this will become an extension of the saltmarsh walkways, as scheduled under the ten-year management plan, though not popular with all locals residents.

More information can be gathered from the TCC website.



Great Spice

Welcome to the Great Spice Indian Restaurant & Bar, Tauranga. Fully Licensed and B.Y.O Wine only.

The "Great Spice" story began in a takeaway shop in Rotorua, after receiving great positive feedback and encouragement from our valued customers, we were inspired to open a restaurant. So here we are, not just in Papamoa, but also in Mt Maunganui and we have one here in Bureta, Tauranga as well.

It has taken years of blending, experimenting and experience to create a unique flavour which we define as the "GREAT SPICE". It is the discovery of this special flavour which we use in my restaurants and allows the restaurants to carry the name "Great Spice Indian Restaurant".



Otumoetai College Scholarships 2016

The 2015 year 13 students from Otumoetai College have had outstanding success from their scholarship exams to celebrate in 2016. As a school we had an overall number of 20 scholarships awarded, within that five students gained multiple scholarships in different subjects. The two students, Helena Jones and Jessica Harnett, that were awarded joint dux in 2015 both received multiple scholarships, as well as an outstanding scholarship each. Jessica in English and Helena in History. Shayden Rahiri also received an outstanding scholarship, his being in Geography. Last year, for the first time, Health offered a scholarship exam. Rachael Nunn not only received a scholarship in Health, in its first year, but was also an outstanding scholarship recipient.

Overall as a school in 2015 Otumoetai College was above the government initiative of 85% pass rate for NCEA level 2 with a 90% pass rate. Also, in all NCEA year levels our Maori achievement pass rate percentage is up from 2014 and in level two and three we are above the national average.

There is an outstanding amount of academic talent in this school and this goes to show all the hard work the year 13 students put in.

Otumoetai College School Show 2016

This year Otumoetai College is presenting 'Hairspray the musical' as the school production. There are 80 students involved in the cast for the production and 13 students in the show band. The students have been working extremely hard over the summer with rehearsals beginning in January and still continuing now and up until the show in April.

HAIRSPRAY delighted audiences by sweeping them away to 1960's Baltimore, where the 50's are out - and change is in the air! Loveable plus-size heroine, Tracy Turnblad, has a passion for dancing, and wins a spot on the local TV dance program, "The Corny Collins Show." Overnight she finds herself transformed from outsider to teen celebrity. Can a larger-than-life adolescent manage to vanquish the program's reigning princess, integrate the television show, and find true love (singing and dancing all the while, of course!) without mussing her hair?

The students will be performing the show at Baycourt from the 13th - 16th April at 7.30pm for the evening performances.



Athletics

Otumoetai College took a team of 63 students to the Bay of Plenty Athletics Championships at the Tauranga Domain. The students participated extremely well and we now have 24 students that have progressed through to Waikato champs. Good luck to those students, we look forward to some more awesome results.



Otumoetai College Robotics team 2016

The Otumoetai College Robotics teams worked extremely hard over the summer into the lead up of their National event which was held at the Vodafone events centre on the 27th/28th February. With the support and dedication of Deon Wessels and a small but very supportive group of parents, we were able to enter three teams into the National competition. Team 2941A; Daniel Lee, Finn Schuellenbach and Braedyn Denney, team 2941B; John Austin and team 2941X; Cory Dyer and Ethan Hanlon. With support from some amazing alliances Team 2941A managed to advance to the Grand final and successfully within the alliance team took out the 2016 New Zealand VEX Robotics National Championship. Otumoetai College Robotics has now qualified to compete at the 2016 World VEX Robotics Championship which is being held in Louisville, Kentucky, USA from 20th 23rd April.

Bowls Matua Inc



We are a very active bunch with a membership of about 270, and although competition is keen within the members the social side of the club would be the most popular as we tend to look after each other. Our oldest current full playing members are a couple of good guys aged 92, one of whom was a member of the 2016 Men's Championship Fours team.

We therefore suggest that, if you want to live to a great age then take up the game of Bowls. If that doesn't fit your plans then we recommend you give our Monday Twilight Bowls a go. 127 members of the public did just that this season and an average of over 80 turned out each week. Cost is only \$5 a head and you stand to win a prize, as prizes are raffle drawn rather than on skill and results. Unfortunately, Twilight closes down when Day-Light Saving ends but we are considering continuing in similar fashion on a Sunday afternoon, during the winter... So watch the sign outside the Club on Levers Road.

If you would like to know more about us or rent the facilities give Don Sewell, the President, a call on (07) 576 8402 or the Club on 576 9980.

Article supported by:

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One of the best childcare centres in NZ and part of a multi-award winning group of childcare centres is our very own Otumoetai based, Fern Garden Preschool. Husband and wife owners Nikeeta and Dr Darius Singh, with three generations of teaching background in both their families, have had a single vision: "To lift aspiration and raise educational achievement for every young New Zealander", starting at preschool.

In 2011, they embarked on a journey in Tauranga to deliver on their vision and promise to our communities. Their first national award came after their first year of operations in Otumoetai, with their patented invention of an online learning system that lets parents watch their pre-schoolers' gain NZ curriculum outcomes, like leaves emerging on a growing online tree. The child's entire learning portfolio is mapped on their online tree so that areas (branches) of their strengths, interests and opportunities can be identified faster than ever before by parents and teachers to create holistic and balanced learning experiences at day-care. Fern Garden's invention took out the top innovation award by the NZ Early Childhood Council and was presented

by the Hon Hekia Parata, Minister of Education. This is one of the many advantages, exclusive to Fern Garden children and families.

In 2013, their outstanding design of a solar powered and innovative "sister" childcare centre in Auckland, called Magic Kingdom, took out the Bronze Prize at the NZ Commercial Building Awards - inspired by their sustainability philosophy (i.e. rainwater recycling and worm farm and vege garden projects) which are all founded at Fern Garden.

In 2014, they won a nation-wide tender to offer exclusive care and education services to a leading multi-national corporation called Orion Healthcare, based in Auckland CBD. Their centre is called Milky Way, which is modelled on Fern Garden's best practices as repeatedly identified by ERO.

In 2015, the group recently WON "Best Emerging Business" and made FINALIST for two categories: "Excellence in Innovation" and "Excellence in Business Leadership" in a Westpac Business Excellence Awards event. It's no wonder that the last 5 years has been an exciting journey of growth and sustainability for the proud owners and teaching teams at Fern Garden and its sister centres.

Call the friendly team on (07) 576 1976 or fill an enquiry form on the website <http://www.ferngarden.co.nz> or pop in anytime for a tour to see for yourself "childcare like you've never seen before".

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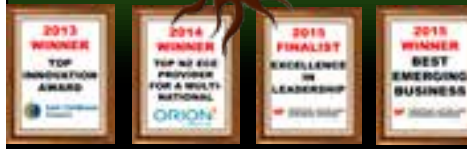
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Emergency Response Update

We are in the process of completing an operational plan in support of the current Emergency Response Strategy for Matua. A three stage process has been decided upon:

Firstly have a plan for your own home and ensure all of the family are aware of the details.

Secondly check on your neighbors and assist those who are in need of help.

Thirdly if the need exists (major city wide disaster) head to Matua Park with the hall and bowling club as the focal point for a **community response centre**. Note this will not be an official Emergency (Civil Defence) centre and will be operated by locals reporting to the official body.

Even though we are somewhat contained within our own suburb we are part of the wider Otumoetai community so a meeting was called with delegates from Bureta, central Otumoetai and Bellevue. These areas will look at having similar plans and community response centres. While the schools have their own plans and processes for any day time emergencies they also offer a range of valuable assets. For Matua we must also be aware of Radius Matua Lifecare and even though they have a separate plan in the worst case scenario the community will need to provide support.



As part of our plan we will be gathering a list of assets and names of people with skills. That will not necessarily commit those people to a task but will educate the wider populace to the need to step up when major disaster strikes the city.

The Flags Are Flying

I am sure you will have on many occasions, and particular when there is a major event under way, noticed that respective flags were flying at 103 Levers Road.

Whenever two countries are squaring off in battle, be it sport or other, Rob flies their flags to celebrate the event. With over 90 flags to choose from there are not too many occasions when he cannot provide a colourful display.

People passing by will always comment. Some stop their cars and knock on the door, especially those from foreign lands who are pleased to see their home flag fluttering. They presume that Rob is from their home country and look to make contact with a view to create friendships.

When there is a "result" from a sporting event you can often see the flag of the losing side flying at half-mast. This of course is not always appreciated by those who have not heard the result and are wanting to watch delayed or recorded coverage. Some have been known to drive down Ranui Street rather than pass and see who has lost.

All this started from a spare flag pole, and is now spreading across the land with two poles being gifted to family in Nelson, Paraparamu and Auckland where too they will be seen "flying the flags".



Are You a Smooth Mover?

On Monday morning adults 40 years plus gather at Matua Hall with a collective desire to meet new people, get involved in the community and get fit at the same time. At their own pace to great music they will undertake a warm up, cardio, strength training, stretching, injury prevention, balance and warm down to suit whatever fitness level they may be. Those with an injury or illness also participate.

The program is run by YMCA Tauranga who endeavour to get people active when they otherwise may not on their own. Other groups that YMCA volunteer with are Diabetes NZ, Arthritis NZ and Alzheimers NZ.

Get along to Matua Hall before 9.00am or the 2nd class at 10.15am for an hour of smooth movement.



Otumoetai Golf Club

You're never too young, or old, to learn to play golf. Otumoetai Golf Club, situated on the corner of Bureta and Ngatai roads, is the perfect place to visit and meet with resident golf professional Jan Higgins to organise a game and/or a lesson.

Jan has played competitive golf around the world representing NZ firstly as a teenager, from 1985, then becoming NZ's no.1 amateur women's golfer for 3 years before turning professional. Over the past 20 years Jan has been using her talent and playing experience to coach a very wide range of people.

Being a 9 hole course, Otumoetai Golf Club offers the perfect opportunity to learn and play golf. You can either play a game of 9 holes or 18 holes also. Times can be arranged to suit you.

You can join the club and be part of all weekly competitions with full year playing. Memberships available for both 9 and 18 hole options for \$500.00pa.

Casual golf options are also available to play either 9 or 18 holes from \$15.00 per round.

Look for the Golf IQ signage and call in to see Jan at anytime to discuss your golfing options, including getting that important lesson to allow you to utilise your talents for playing the game of golf!

Phone: 576 9739

Email: Info@otumoetaigolf.co.nz

Web: www.otumoetaigolf.co.nz

Article supported by:

Driven by Results!

Teresa Lee

Get in touch:

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Why Live in Matua?

We thought it would be interesting to see why our residents choose to live in our suburb so we called on a resident of many years and a newby and asked them to put pen to paper. Here is what we got back.

Longtime resident (Alan)

"Until asked to write a few words on living in Matua it hadn't really registered with me how fortunate we are. In my old age I really enjoy the coastal walks and meeting with old friends like Ewen, Bob, Roger and Mark who have befriended me on these walks. Then there is the chance to get another world view from people off cruise ships and campervans.

Sea life and fishing are another point of interest. Like most house frontages there is an openness of mind about people living in Matua. A few years back with a young family the attractiveness which still remains were the good schools, sports activities on Fergusson Park, hall activities, Te Residents Assn and the closeness of facilities and events in the CBD."

Newbie (Sam)

"We have recently moved to Matua and found it an excellent place to live, friendly, close to town, safe and just has a happy vibe about it. The gardens are well manicured and look amazing and the houses stunning to look at after living in a small rural community.

The neighbors are friendly and the local facilities and groups/clubs are amazing. We have already joined a couple of clubs (Matua Bowls) and feel welcomed by the local members.

The walks along the waters edge are a highlight, the long smooth paths are well used with many morning and evening walkers enjoying the views of the mount.

After your big walk grab a beer and a chat with the locals at the Matua Pub and then the local pizza shop has some awesome pizzas for dinner.



FREE GOLFING OPPORTUNITY

Golf Professional, Jan Higgins, has set up shop at Otumoetai Golf Club and with her Coaching Company GOLF IQ, has an exciting offer for locals in the area.

Offering a **FREE** introductory Golf Lesson to anyone looking to start into the game, wanting to return, or



wanting to improve their game.

Jan has 20+ years of coaching experience in Auckland and also through coaching

programmes such as Kiwi Golf, The First Tee and her very own GOLF IQ ACADEMY.

The Otumoetai Golf Club is a quiet, flat course, ideal for a new player to learn and for those looking for an easy walking course to play.

So take the opportunity to GIVE GOLF A GO and contact:

Jan Higgins - Golf Professional
021 848 477

Jan.h.golf@xtra.co.nz

GOLF IQ

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Tauranga Bridge Club



The holiday season is behind us and the Tauranga Bridge Club is settling into its programme. Bridge is the "King" of card games, it's enjoyed by people of all ages right around the world

and can be played at all levels of ability, from the fierce competition of international matches to a quiet social game.

We have in excess of 400 members and our programme is designed to cater for newbies through to the experienced expert. Of great importance to us is the encouragement of new players - they are the experts of tomorrow - approximately 40 were welcomed to lessons in the first week of March, so beginning their great adventure. Once the basics become familiar, the Club also hosts improvers lessons for those wishing to sharpen their skills, and there is always an experienced player to offer advice about a tricky hand.

Bridge is a very social game, mixing interesting people of widely differing backgrounds and from diverse occupations, bringing them to the level playing field of the card table.

Tauranga Bridge Club is located at 252 Ngatai Road and has a website taurangabridge.co.nz

Article supported by:

Park to Park Foreshore Trail



In the last issue of Matua Moments we promoted a foreshore trail with a range of focus points along the way to make the walk even more interesting. Discussions are underway with interested groups however we are keen to keep the public involved in this with as many ideas as possible and also to involve families that may wish to contribute to this project as a way of remembrance of family, similar to the sponsored seats in the parks with their plaques.

We also look for the business community and community groups such as this example from Taupo sculpture Trust to be involved. Contact the Association with your expressions of interest.



Otumoetai Sport's and Recreation Club Inc.

The membership of OSRC (as it is commonly known) is growing all the time. From 2010 when Matua Scouts, Guides and Astronomy officially joined Football and Cricket as joint owners of the expanded million dollar community clubrooms in Fergusson Park, there are now three further organisations that have this as a base.

Otumoetai Lions Club, Matua Residents Assn and Waibop Football are on board mainly utilizing storage space for equipment and occasional meetings. As a new full member but currently operating elsewhere, are Tauranga Model Railway Club who will make the move into a new proposed major expansion, currently in the funding phase. The Club will operate in a hall above a large basement garage that will hold several trailers owned by the various groups. Also in the mix are Zumba, Yoga and Bootcamp fitness.

Many community organisations and businesses use the hall for functions, as do families wanting to hold daytime birthday parties.



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- **Otumoetai Optometrist** - Phone 576 0085
- **Podiatrist** - Phone 576 2321

Otumoetai Optometrists

A leading cause of vision loss is the eye condition 'Macular Degeneration' (AMD).

This is a gradual decline in vision, it does not cause total blindness as peripheral vision remains untouched. The condition does however reduce central vision ability: affecting facial recognition, the ability to read and/or undertake detailed work and more importantly the ability to drive a vehicle.

Research has shown that high doses of antioxidants, vitamins and zinc can hinder the progression of AMD. Therefore, a good healthy diet is recommended, not just for your general health and well-being but for your eyesight. Those most affected by AMD are people of European descent and of particular risk are those people with diabetes, uncontrolled high blood pressure, digestive difficulties and compromised immune systems.

Macular Degeneration (AMD) prevention comes down to nutrition and lifestyle.

EAT MORE: Kale, Spinach, Broccoli, Brussels Sprouts, Beans, Lettuce, Peas - fresh vegetables.

Also add to your diet: Corn, Tomatoes, Grapefruit, Peaches, Papaya, Melons, Tangerines and Oranges.

AVOID: Processed food or drinks labelled 'diet' as these contain 'aspartame' (artificial sugar), fried foods and MSG, plus cut back on alcohol and caffeine. Also on the avoidance list are man-made fats, corn and safflower oil, and hydrogenated vegetable oils such as canola and especially margarine.

At Otumoetai Optometrists we have printed literature to help you further understand this condition. Macular Degeneration is one of the reasons everyone should have regular vision and eye health checks.

Otumoetai Optometrists | Phone 576 0085 | Open: Monday - Friday

Enjoy Sport - Dealing with Overuse Injuries

Gradual Process Injuries

Gradual process injuries are those which occur over time. They may occur over a week or even over a year. They are sometimes called Occupational Overuse Syndrome [OOS] and earlier were called RSI. However these terms do not really describe the injury.

The symptoms or what you feel vary from person to person. Pain may be felt in one part of the body one day and in another the next. Tingling and numbness may also be felt. Stiffness is another symptom.

How do they occur?

They can occur from muscles and joints being held in one position over a period of time or tight muscles which over time eventually pull on tendons. For example, holding the neck in one position while at work is enough to put tension on the structures supporting the neck and thus cause pain. Running without stretching afterwards will cause the calf muscles to tighten over time, causing tension on the achilles tendons and eventually pain. Constant tension on any soft tissue structures can cause a breakdown of the tissue which causes pain.

Examples of these injuries are shin splints, low back strain, tennis elbow, wrist and forearm pain, neck and shoulder pain.

How can physiotherapy help?

The sooner you see a physiotherapist the sooner your pain will be reduced.

- The tight muscles need to be stretched again and loosened.
- The tight nerves need to be mobilised.
- The joints which have been tightened causing a restriction in movement need to be moved and the range of movement restored.
- Muscle imbalance needs to be corrected. Sometimes the working muscles become so strong the other supporting muscles become weaker. This is referred to as a muscle imbalance.
- Posture needs to be improved.
- Advice will be provided on preventative action in the future to reduce the chances of this occurring again.

Book an appointment at Bay Physiotherapy we have clinics in town and Otumoetai for your convenience. Phone 577 9798.

Otumoetai Health Centre

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Fridays 10am - 4pm
Care & Craft: Wednesdays 10am - 12.30pm
Conversation Cafe: Thursdays 10am - 12pm
Walking Group: Fridays 9.30am
Indoor Bowls: Mondays 7pm
Free playgroup 0 - 5 y o: Tuesdays 9.30am
Cuppa & Chat: Wednesdays/Thursdays/ Fridays 10am
Maunder Thursday: (24th March) 7pm
Good Friday: 9.30am
Easter Sunday: 7am at Beach Rd Reserve.
Combined service with Matua Baptist.
9.30am Easter Family Service at the church.

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AND TAKE - AWAYS

Shop 3, 47 Cherrywood Drive,
Otumoetai

Ph: (07) 576 2125
Dine In and Takeaway

The Bridge to Where?

As you walk or ride along the Matua foreshore to and from Kulim Park you will notice a small white bridge in the garden beside the walkway. If you have been around a long time you will know that it was the bridge on the path prior to the foreshore upgrade. However most would not know that the bridge was built in 1963 by the owners of 1 Beach Road to allow the public to walk through their property which had riparian rights to the water's edge.

There was a small lagoon where the grandchildren would play when the tide was in and the bridge was placed over this and with a pumice path either side allowed the public to walk or ride between the adjoining Park on the Bureta side and Beach Road on the Matua side thus avoiding walking across the owner's lawn. At times even motorcycles and horses took this shortcut though not necessarily with the owner's blessing. Many wedding parties have had photos taken here, particularly featuring the Mount in the background.



What might have been

In the last edition of Matua Moments we highlighted the new walkway through the saltmarsh joining Sylvania Drive carpark to Elmes reserve. This whole saltmarsh area has a long and varied history and could easily have been so different today.

On very early maps the area was known to Maori as Papahenga after an abundant native shrub that was used for many purposes but no longer exists through the area.

When Otumoetai land was confiscated after the battles of Gate Pa and Te Ranga in 1878, the land was sold to private ownership and in time became the farms of the Tollemache, Snodgrass and Matheson families.

The saltmarsh originally covered a much larger area than it does today, extending beyond the railway line that was built in the mid 1920s, to the base of Otumoetai ridge. A stream and marshy land encircled the base of the higher land on which Otumoetai College, Intermediate and the Windsor Road subdivisions stand. Turning saltmarsh into dairy farm was considered easy with the installation of a one-way flood gate system. Aerial views still show the many drainage ditches that crisscrossed the saltmarsh. Part of the land had been divided into smaller blocks for market gardens.

Today very little remains after a storm in 1969 destroyed the floodgates, and salt water once more reclaimed the area. In the same year the saltmarsh zoning was changed from rural to residential, and Kingslea Marinas Limited began to dig canals and drains for a proposed 248 section residential housing development, similar to what now exists in the Coromandel towns of Whitianga and Pauanui. Concerned by this proposal the Native Forest Action Council and the Tauranga branch of the Royal Forest and Bird Protection Society took a case to the Planning Tribunal, and in 1970 the Council's rezoning was overturned.

In an agreement between the City Council, the Conservation Department and the Queen Elizabeth 11 National Trust 25 hectares was placed under a covenant to protect the future use of the land.

Tauranga Half Marathon

April 10th sees the 11th running of a series of run/walks through the suburb streets, walkways and along the harbor foreshore. Several hundred people get out and enjoy participating on the distances of 21, 14 and 7km that are on offer, be they serious runners or casual walkers. There is also a 1km run for children around Fergusson Park.

Participants can register online, the night before or on the day at the OSRC Clubrooms by the carpark. OSRC members act as event marshalls as a fundraiser for their clubrooms and proceeds from the event go to the Heart Foundation.

Many businesses sponsor teams of their workers as a social event to build team spirit and family teams also participate.



Local Man Who Built a Business

Stemming back to his teenage years growing up in Matua, Russell Donovan had a passion for motor cars and has taken that into his career and then onto a successful business together with wife Tracey. They have operated Superior Automotive Services and WOF TESTING Ngatai Road for more than 20 years, the past 17 on their present site on Ngatai Road Bureta.

The business operates in two separate entities with WOF TESTING Ngatai Road at the front of the premises and SUPERIOR AUTOMOTIVE at the rear.

WOF TESTING Ngatai Road believing that safety comes first, with a team of friendly dedicated WOF inspectors and the latest testing equipment, they are able to provide fast unbiased WOF testing in pleasant surroundings, while offering amazing value with a vehicle WOF only \$39.95. Being a NZTA agent they also provide all your RUCA and MR1 requirements.

WOF TESTING has grown over the years to become the number one choice for WOF inspections for cars, vans, light commercials and trailers, with no booking and priority booking lanes - they have all your needs catered for.

SUPERIOR AUTOMOTIVE SERVICES operating from the rear section of the premises have a team of specialist

automotive technicians, no problem is too big or too small. With dedicated service lanes to an automotive repair section, all aspects of automotive repairs from brake pads to complex computer scanning, to major automotive repairs are catered for on both petrol and diesel vehicles, all makes, all models, with the recent addition of another European vehicle technician, SUPERIOR AUTOMOTIVE has all your bases covered.

Russell and his team are here to help with all your automotive needs however the passion does not stop there, Russell and his team have been a feature of Baypark for many seasons racing super saloons.

WOF Testing Ngatai Road
(07) 576 6723

Superior Automotive Services
(07) 576 6753

www.taurangaautorepairs.co.nz



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E: tmdonovan@xtra.co.nz

www.taurangaautorepairs.co.nz

Accountant

Ingham Mora

927 1200

Business Directory

Activities

Golf IQ	021 848 477
Smoothmovers	027 687 8878
Yoga	021 0249 6390
Zumba	576 8184

Bars

Neighbourhood	570 3262
The Matua	576 6794

Church

Matua Baptist	576 3743
St Columbia Presbyterian Church	576 6756

Computers

OmniNet	0800 274 593
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Electrical

Kinetic Electrical	027 473 0079
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Hair and Beauty

De Lux	576 9626
Matua Visage in Beauty	570 3077
Salon Tuscany	576 8575
Shear Illusion	576 7455

food

Cherrywood 4 Square	576 7444
Great Spice	570 2244
Hooked On	576 2632
Istanbul	576 2125
Matua Food Market	576 2802
Matua Dairy	576 5045

Services

DENTISTS

The Dentists	576 4895
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GARDEN AND MAINTENANCE

Brady's Home Maintenance	576 0302
Coastal Mowing & Property	576 1555
Chimney Sweep	576 9382
Grassed Off Lawn mowing	576 1100
Marlyn Lawn Services	570 1408
Prickle Free Lawns	576 9382

PHYSIO

Bay Physiotherapist	577 9798
Flow Physiotherapy	576 8200

PLUMBERS

Certified Plumbing & Gas	0508 237 843
Costar Plumbing	576 1977
Tony Petero Plumbing	576 9055

SOLICITORS

Key Conveyancing	570 0450
Lifestyle Law	576 0016

Motor Vehicle

Superior Automotive Services	576 6753
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Natural Therapies

Natural Energy	576 6528
Natural Healing	576 6528
Natural Therapy Clinic	576 4113

Real Estate

Eves Cherrywood	576 2530
Harcourts	576 8770

Retirement Villages

Matua Lifecare	570 1425
Mitchell Court	576 1899
Radius Matua	576 2802

Schools

Fern Garden Preschool	576 1976
Matua Kindergarten	576 3558
Matua Primary	576 9027
Otumoetai College	576 2316
Otumoetai Intermediate	576 5015

Vet

Vet Care Tauranga	576 9807
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Matua Residents' Association

Community Patrols

Neighbourhood Support • Community Groups • Tennis Courts

Visit the community website:

www.matua.org.nz

or email us:

community@matua.org.nz

Matua Estuary Care Group: estuarycare@matua.org.nz

Annual Subscription \$10.00

Receipts will be issued by the Treasurer on request.

Name:

Address:

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Comments and Suggestions:

Please pay at Matua Food market, Tilby Drive or

Post to PO Box 6004 Tga 3146 or Direct Credit 03-1548-0005557-00 Matua Residents Assn.