Summer 2018 Quarterly Newsletter
www.ageconcernauckland.org.nz

Age Concern Auckland
Serving the needs of older people

For advertising phone Monique (07) 577 9092 or email monique@pukekoprint.co.nz
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OFFICE HOURS
9.00am - 4.00pm Monday to Friday

Council Members
Anuradha (Anu) Abhyankar (Chair), Dick Ayres, Edwina Mistry, Fiona Kirkcaldie, Jinling Lin, Kate Gohar, Pat Williams, Sudhanshu Dandekar, Victoria Walker

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Executive Assistant & Membership Officer
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Ageing Well Coordinator
Maureen Craven 820 2712
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Community Development & Health Promotion Coordinator
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Rebekah Preston 820 2711

Disclaimer: Publication of an advertisement in this newsletter does not imply endorsement by Age Concern Auckland.

Brighten up your festive season

For many, Christmas is a time of family togetherness, the sharing of meals, relaxing together over a holiday break; youngsters playing whilst the adults watch on. Backyard cricket, bbq’s, afternoon siestas, long days at the beach, camping, picnics packed in chilly bins and Christmas cake with a cuppa. It’s a wonderful season and we’re so lucky to live in this beautiful country that offers such natural beauty and wonderful outdoor activities.

In contrast, the festive season can also be a time of quiet reflection, contemplation and memories for many; remembering loved ones and reminiscing of wonderful Christmases and holidays gone by.

At Driving Miss Daisy, we love this time of year and want to help you remain as active and independent as possible so that you can enjoy the traditions of the season. We provide a number of different services to assist you – here are a few ideas:

• Christmas card shopping & posting
• Christmas gift shopping for loved ones
• Clothes shopping for special occasions
• Companion driving to end of year functions & events
• Companion driving to church & carol services
• Grocery shopping for special Christmas meals and treats
• Airport and transport transfers (including at departure and arrival ports)
• Christmas light tours
• Festive outings with a group of friends

Driving Miss Daisy is committed to helping our clients get out and about, so they can live life to the full and make the most of every moment. Remember that many of our franchise owners have fully equipped Wheelchair Accessible Vehicles, to assist with walkers or wheelchairs.

Call us today to discuss your festive season requirements. If there’s something you need help with we’d be happy to talk through the options.

Our Services
Accredited Visiting Service (AVS) - provides companionship and support for older people living independently in the community by matching them with a regular, volunteer visitor.

Elder Abuse and Neglect Prevention (EANP) Service - aims to improve the quality of life of older people in abusive situations and to prevent abuse by providing information, education programmes, advocacy and support.

Field Social Worker - social workers are available to support and assist people aged 65+ with any social needs and health or wellbeing issues.

Ageing Well - delivers a range of programmes and activities that are fun and social. Workshops provide practical knowledge on topics such as health and wellbeing, legal matters, modern technology and safe driving.

Total Mobility Scheme - assesses and provides Total Mobility Cards to eligible people.

Asian (Chinese) Service - support and assist the Asian community. We give talks to Chinese groups to promote positive aging, help clients when accessing social services and provide language support and cultural advice.

Community Development - looks to promote and develop programmes for the community.

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Manager’s Musings
How quickly the year has passed. It seems only yesterday that I sat down to write my Christmas message last year and yet so much has happened between then and now. I would say that its nice to see summer on its way now that the weather has turned for the better but I’m sitting here watching the rain hammer against the window feeling a distinct chill in the air. Never fear, I am told by reliable sources that its nice to see summer on its way now that the weather has turned for the better but I’m sitting here watching the rain hammer against the window feeling a distinct chill in the air! Never fear, I am told by reliable sources that the rain hammer against the window feeling a distinct chill in the air! Never fear, I am told by reliable sources that the rain hammer against the window feeling a distinct chill in the air! Never fear, I am told by reliable sources that the rain hammer against the window feeling a distinct chill in the air! Never fear, I am told by reliable sources that the rain hammer against the window feeling a distinct chill in the air! Never fear, I am told by reliable sources that the rain hammer against the window feeling a distinct chill in the air!

As the year draws to a close though, it is a good time to reflect on what we have achieved over the past twelve months and to give thanks to all those who have played their part in our success. I took the helm of Age Concern Auckland almost four years ago now and over that time we’ve grown the organisation almost three-fold. I’m often guilty of looking at our income as a measure of success - unfortunately balancing the books is part of my job! Never fear, I am told by reliable sources that the rain hammer against the window feeling a distinct chill in the air! Never fear, I am told by reliable sources that the rain hammer against the window feeling a distinct chill in the air! Never fear, I am told by reliable sources that the rain hammer against the window feeling a distinct chill in the air! Never fear, I am told by reliable sources that the rain hammer against the window feeling a distinct chill in the air! Never fear, I am told by reliable sources that the rain hammer against the window feeling a distinct chill in the air! Never fear, I am told by reliable sources that the rain hammer against the window feeling a distinct chill in the air! Never fear, I am told by reliable sources that the rain hammer against the window feeling a distinct chill in the air!

Secondly, this year also saw the launch of our Community Mobilisation programme. We have spent the past few months developing our programme to ensure that all older-people who want to connect with their community are able to do so. Running as a pilot project in a select handful of suburbs, we have been identifying, testing and trialling different ways of tackling the issues. With almost 25% of all of Auckland’s Chinese-speaking older people having engaged with us in one form or another. Earlier this year, the national Government even asked us to lead the process of gathering feedback from all Asian communities for submission into the revision of the national Positive Ageing Strategy. To go from a standing start to where we are now is no small achievement and I must pay thanks to my incredible Team here for an outstanding success. Far from resting on their laurels, the Team are now exploring how we can replicate the work we’ve done for Chinese-speaking older people, to support the Korean and Japanese community as well.

Our volunteers too, continue to help the staff with their varied experiences and talents. A big thank you to all our volunteers in helping us do what we do. I take this opportunity to thank you all our members for your support, and I look forward to working with you in the new Year. Please continue to refer us to your friends.

Happy Holidays.

Anuradha (Ana) Abhyankar
Chair, Age Concern Auckland

Could you use a helping hand?

Feeling overwhelmed?

Sympathetic, personal one-to-one service with any of the following:

• De-Cluttering • Downsizing
• Preparation for open home
• Co-ordinating packing & moving

Contact Liz Bradley ~ The Tidy Lady 027 630 6650 liz@thetidyladylady.co.nz www.thetidyladylady.co.nz
Farewell

Earlier this month, we said farewell to our Receptionist/Membership Officer, Karen Hodgson who supported us in making sure that the Age Concern Auckland office and Membership scheme ran smoothly and efficiently over the last four years. Karen has moved on to new opportunities in Taranaki and her bright smile and cheery laugh will be sorely missed. Many of you who phoned or dropped into our offices would have spoken to Karen and I’m sure you’ll all join us in wishing her all the best for her future.

Although Karen’s departure leaves some big shoes to fill, we are very fortunate that Karen herself had the opportunity to work with our new reception team and we welcome on board Teresa and Andrea, who are both sharing the task of taking on the smooth running of the office. You will be greeted by Teresa on Mondays, Tuesdays and Thursdays, while Andrea will be here on Wednesdays. Our offices will still be open on Fridays, with reception covered by one of our other staff members.

MeloYelo Electric Bikes

MeloYelo electric bikes is a kiwi owned company with a huge difference. We sell through a network of retired engineers and cycling enthusiasts working from their garages at home. The team collaborates to define the specifications for each and every bike. Those bikes are then built to our requirements under the watchful eye of Holger, our German engineer living in China. But that’s not all. MeloYelo supports the EVolocity electric vehicle programme in New Zealand high schools, in which teams of students design, build and compete in electric vehicles. So, when you buy from MeloYelo, you GO WELL AND DO GOOD. And you won’t find a more reliable ebike for under $3000. Our team of engineers can assure you of that.

www.meloyelo.nz

Improving the quality of life for those with low vision

We know how important reading is to our independence and living our best life. When the best glasses can’t help you read there is help to make the most of your remaining sight.

A partnership between the Blind Foundation and Matthews Optometry Group is providing low vision clinics; aimed at improving the quality of life of people with low vision and building the case for national low vision services. The free low vision assessment will provide tailored advice to help make everyday activities easier; such as reading documents, emails, the newspaper or recipes, and telling the time.

People attending the clinics need to have had a recent eye examination, and stay in the care of their usual eye health professional for ongoing eye care.

To book your assessment talk to your eye health professional or contact the low vision clinic:

**Epsom Eyecare**
252 Manukau Road, Epsom, Auckland
(09) 524 5864

**Harrison and Graham Optometrists**
1 Jervois Road, Auckland
(09) 376 2565

**Victoria Street Optometrists**
17 Victoria Street East, Auckland
(09) 379 9157

When the best glasses can’t help you read, we can help.

Reading is so important to our independence and living our best life, so it’s essential to make sure we can keep on doing it.

Book in for a free assessment at our low vision clinic by seeing your local eye health professional or contacting us directly on:

**Epsom Eyecare**
252 Manukau Road, Epsom, Auckland 09 524 5864

**Harrison and Graham Optometrists**
1 Jervois Road, Auckland 09 376 2565

**Victoria Street Optometrists**
17 Victoria Street East, Auckland 09 379 9157

Follow us on Facebook
www.facebook.com/ageconcernauck
Win yourself a Bright and Colourful Art Piece

We have a fantastic opportunity for one of our Members to win for themselves a bespoke piece of contemporary art.

Alice Rosier is a self-taught artist who loves to use beautiful bright colours in her artwork. Alice regularly works with young children but would now like to commission a piece of work for an older adult. Her aim is to provide a piece of art that brightens a room and provides as much joy and delight to those who view the piece as it does for her while she creates it. This is a rare opportunity to have a piece of art made just for you!

Below are some examples of the artwork that Alice has created in the past, you can view more of her pieces on her website, LittleAurora.co.nz

If you would like to have a piece of art made especially for you, then send us an email or letter with your contact details and a few lines explaining why you think you would appreciate a commissioned painting and what is unique about who you are.

The winning entry will be contacted in January to organise a meeting between the artist, Alice Rosier, and yourself to discuss the details of the painting. Once the artwork is complete, it will be presented to you and a photo will be shared in our upcoming newsletter and on our website.

All entries need to be submitted to us by 20th of December, with Alice and one of our staff picking the winner in the New Year once our office reopens. Entries can be sent to media@ageconak.org.nz or to PO Box 19542, Avondale 1746.

Pick something up from the Age Concern shop and support our work!

We have Tea Towels, Nostalgic Nosh Recipe Books and Magnetic Notepads available for sale. Get in quick to secure yours. Contact us today to purchase, (09) 820 0184.

Tea Towels - $10 each (incl p&p)
Recipe Books - $10 each (incl p&p)
Magnetic Notepads - $5.00 (incl p&p)

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www.coastalmotorlodge.co.nz

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CALL 09 579 4390
For an appointment to visit our showroom

$200 discount on Chapel Services for all Super Gold Card Holders

* $200.00 Surcharge
* Just Funerals do not have after hours or weekend fees, there are weekend fees for cremations

PHONE
0800 804 663

14 Bassant Ave, Penrose
Please call for an appointment

Enjoy Market days every Saturday.
Margaret Hawkins - The Sky Diving Wonder

I can’t believe I am 90 years old, I don’t feel it.

I had a wonderful birthday and the jump was fantastic. I am going to do it again when I am 95. They gave me a lovely bouquet of flowers just before we left as a birthday present. I was very surprised.

They picked us up and bought us home. GoSkyDive is down near Mercer. All the staff are really great. The man who took me up served 32 years in the Airforce and has been all over the world.

I tried to follow his instructions, my poor old memory box missed some of them. It was quite weird turning a somersault 13000 ft. up just as we left the plane. You are in free fall till you get away from the plane and then pull the chute cord. We came down faster than we went up.

I thoroughly recommend it, there is nothing to be frightened of. It was a birthday I shall never forget.
Incontinence - It's nothing to be embarrassed about

If you experience bladder weakness, you’re not alone - over 1.1 million New Zealanders suffer from incontinence - and while it may be more common in women and the elderly, bladder weakness can occur at any age.

Lille Healthcare New Zealand offers a comprehensive range of disposable products suitable to manage all types and levels of incontinence. Our technologically advanced products are 100% breathable and hypoallergenic, ensuring optimum comfort, security and discretion.

Our easy-to-use Lille Healthcare Online Shop www.lillehealthcare.co.nz provides the ability to buy continence products discretely in the privacy of your own home and have your package delivered direct to your doorstep.

ORDER ONLINE for DELIVERY DIRECT TO YOUR DOOR

Our easy-to-use Lille Healthcare Online Shop provides the ability to buy continence products discretely in the privacy of your own home and have your package delivered direct to your doorstep.

ORDER ONLINE now at www.lillehealthcare.co.nz
Senior Move Managers specialise in assisting older adults during the transition of moving home; either downsizing, or moving into a retirement village.

The process of moving home can be very stressful and overwhelming. The team at Senior Move Managers effectively manages and undertakes this move removing all of the burden on you and your family. Everything from decluttering and organising, to packing your belongings and relocating them, right through to selling items on your behalf and professionally cleaning your home.

If you or a loved one are thinking about moving and you’re unsure where to start, we can help. Give us a call for a no obligation quote on 0800 667 558.

Getting exhausted at the thought of downsizing?

**SENIOR MOVE MANAGERS CAN HELP**

Senior Move Managers specialise in assisting older adults and their families with the emotional and physical aspects of relocating home. We plan, advise, organise and monitor all aspects of the moving process to reduce the burden on and ease the stress of the move.

Phone us on 0800 667 558 to see how we can plan and manage your move from start to finish

www.seniormovemanagers.co.nz

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**Handyman Service**

Andrew and Phil are our fabulous handymen.

If you have a small job that needs doing – this might be the answer.

Please ring Sue on 820 2713 to check if your job qualifies.

**What our previous clients have said:**

We expected a move which would normally have difficulties and stress. With SMM we had no difficulties whatsoever. Great staff who handled everything with a smile. Highly recommended!

I had all stress taken from me and was in good hands. They helped to move me, and helped me to unpack at the new address.

Being based in out of town, both my sister and I appreciated having Senior Move Managers’ team on the ground when we couldn’t be there for Mum.

Mum’s mental well being has also improved significantly since you started helping her! I was afraid this move might be the death of her but I don’t feel that way at all now. Thank you!

“Making your next move your best move”

Editorial supplied by Senior Move Managers
Budget Delivers Cheaper Doctor Visits

The cost of visiting the doctor will reduce for people with a Community Services Card under changes announced in the 2018 Budget. This will give up to 540,000 people access to low-cost GP visits - making it around $20 to $30 cheaper. Seniors who have either a combined SuperGold and Community Services Card or a Community Services Card should also see a reduction in the cost of visiting their GP by 1st of December 2018. General practices can choose whether or not to provide the new low-cost visits so please check with your doctor later this year to see whether they have chosen to opt in.

Under the changes, people receiving the Accommodation Supplement or living in public housing will also get a Community Services Card, giving them access to cheaper doctors visits.

To find out more about these changes, go to www.health.govt.nz

State of Grace

State of Grace was established by Francine Mitchell and Deb Cairns in 2005, after they realised the need for a more compassionate, sustainable and family led approach to funerals. We have grown over the years and now have three branches covering the Auckland area from Bombay to Wellsford (and sometimes beyond!).

We are a team of 15 women dedicated to providing caring, compassionate and a highly personalised approach to death care and funeral arrangements.

We provide a range of services, based on sustainable principles from a full traditional service to a simple cremation. Our service is described as family led, in recognition of the diversity of families, needs and values - it is important to us that you are guided to make the choice that is right for you and your family.

Please contact us if you would like to discuss funeral planning, funeral arrangements, or would like one of us to come and speak to a group (we love talking and there is no charge for our visits!).

CONTACT DETAILS:
North branch: 0800 477 133
West: 0800 764 722
East: 0800 764 327

Or email info@stateofgrace.net.nz

www.stateofgracefunerals.co.nz

Editorial supplied by State of Grace
International Day of the Older Person

Every year on October 1st the world joins together to celebrate International Day of Older Persons - IDOP for short. This year, Auckland embraced the philosophy of becoming an ‘Age Friendly City’. This United Nations administered scheme seeks ‘a commitment to a continuous improvement process for creating age-friendly environments with the expectation that an age-friendly city is more inclusive and beneficial for everyone, regardless of their age’. Auckland joined a growing family of over 300 cities worldwide to adopt such a commitment.

Age Concern Auckland challenged communities across Auckland to recognise IDOP 2018 and to ensure that an Age Friendly Auckland is one that recognises the special role played by its older citizens. The principal aim of International Day of Older Persons is to both recognise and celebrate older people. It is also a time for reflection, for those of us who have yet to reach older age to take time out to think of those older people in our lives and in our communities. It is a time to connect, to listen and to learn. Over the course of the first few weeks of October, many of our staff engaged with a variety of community groups and activities, supporting those opportunities for older adults to engage meaningfully in their local community.

Age Concern Auckland staff presented a variety of talks to different community groups about the work that we do to provide support and assistance to those most vulnerable among our older populations. We also supported a partnership with ASB Banks to deliver a series of workshops on Financial Abuse and Scam Management across the country. Finally, Amo Ieriko, one of our Community Development Coordinators supported several older adults to attend and engage with a variety of exercise and social groups and activities that were hosted to celebrate International Day of Older Persons. Alongside this, one of our Elder Abuse Team members spent the day cooking over 150 cookies with a couple of her refugee friends to be delivered out to community members on the 1st October. These cookies were distributed out to members of the public with questions and stats about the value of including older adults in community life.

All in all, Age Concern Auckland was able to present and engage with a wide number of community members and were able to raise awareness of the value and input that older adults can, and should, have within our communities. During the few weeks in October, we engaged with over 300 individuals. Below are just a few of the many photos taken from the different events.

A1 Hearing

New Zealanders love the summer months. The days get longer, the BBQ gets fired up again, and people gather for parties, picnics and celebrations. Unfortunately, these summer occasions, filled with background music, traffic and multiple voices, can be difficult for those with even the slightest hearing loss.

The good news is that in most cases there is a solution. It all starts with a hearing test, which A1 Hearing offers for free. This test will help you or your loved one to determine current hearing levels and make a plan for the future.

There is a large range of hearing aids available now, with some almost unnoticeable. If something so small could help you or a loved one join in the conversation this summer, then it’s worth making an appointment.

A1 Hearing are experts in solving hearing problems. Give them a call on 0800 214 327 to book in your free hearing test.

Care On Call

Quality Care In Your Home

Staying at home in your later years is now an affordable and safe option thanks to the care and support Care On Call provides. From a couple of hours of help around the home per week to full time care Care On Call has experienced, trained and thoroughly screened carers available to cater to your unique needs. Please call us or visit our website for more information.

auckland@careoncall.co.nz
0800 99 00 11
www.careoncall.co.nz
Asian Service

New Zealand has become one of the world’s most culturally diverse cities. According to the 2015 World Migration Report, Auckland has the fourth largest foreign-born population in the world, with 39% of our population born overseas. Asian made up 23% of the population in Auckland in 2013.

With a growing need to support older people from different ethnic backgrounds and to assist them to have a better understanding about NZ social system and integration into the community, Age Concern Auckland launched its Asian support service in early 2017.

In the beginning Age Concern targeted support to older Chinese, as most of them have difficulties with language and don’t know how and where to seek help when in need. Throughout the last two years with the help of volunteers, we have delivered culturally and linguistically appropriate support from individual casework to group education sessions to ensure our services can meet their needs. We can see the effort we put in has brought change to individual lives. Older Chinese appreciated having support from staff who spoke their language and understood their culture. We had received positive feedback from the Chinese community and the wider society. It is believed that this service is essential and has the need to continue and develop.

On behalf of the Office of Senior Citizens we hosted a regional stakeholder meeting on 27 July 2018 to record the views of older Asian citizens to help inform the government when planning the new positive ageing strategy. Feedback from the Asian groups was collected by the Office of Senior Citizens. The meeting was a successful one, with 40 people attending and 20 agencies involved.

Looking forward to 2019, the Asian service is planning to develop services to support older people in the Japanese and Korean communities. We are planning to recruit more volunteers and work with local Asian ethnic groups in order to deliver health talks that can spread the messages of positive ageing across the region to older Asian’s living in Auckland. Please join us to make this happen and make our community to be a better place for our older people.

Become a Member Supporter

For just $20 per year, you can become a member of Age Concern Auckland and be part of an organisation working to empower older people in our communities.

As a member, you will receive:
- A copy of the quarterly issue of Age Concern Auckland’s newsletter
- Invitations to gatherings, seminars, fun days and festivals
- Access to information and resources available at Age Concern Auckland

Please note that if you applied for your Total Mobility Card through Age Concern Auckland, you are already a member.

If you would like to become a member, please complete the following and return to us at:
PO Box 19542, Avondale, Auckland 1746 or call us on (09) 820 0184

- Sign me up to become a member of Age Concern! Please find enclosed by cheque for $20 made out to Age Concern Auckland

Name: ___________________________________________
Address: _______________________________________
Postcode: ________________________________
Phone: _______________________________________
Email: _______________________________________

We will send a Welcome Pack and a receipt of your payment once we have processed your membership application form.
Thank you for joining us.

Good, better, best. Never let it rest. ‘Til your good is better and your better is best.
~ St. Jerome ~
Leave a lasting legacy

At Age Concern Auckland we are committed to continuing to provide the most vulnerable older members of our communities’ essential services that enable mitigation of the negative impacts of loneliness, social isolation, elder abuse and neglect. We are a charity, and we only receive partial funding from the government. We rely on the generosity of our community to raise over 60% of the funding required to deliver our services. Any amount, no matter how small or large, can make a lasting impact, ensuring that we can continue supporting some of the most vulnerable people aged over 65 in Central and West Auckland. A bequest will allow you to leave a lasting legacy, and continue to assist those who need it most, long after you’re gone. It is the ultimate act of kindness and caring you can show towards your community.

A bequest form is included below. Please note that it is not effective until written in to your will. Please take or send the form to your legal adviser, to ensure it is incorporated into your will. Please contact us if you need further information or assistance. Please also let us know if you are making a bequest so we can personally thank you. Leave Age Concern Auckland a gift in your will and enable the work we do; promoting wellbeing, rights, respect and dignity for older people. Our vision is that older people live a valued life in an inclusive society.

Need some help?

We provide friendly, quality, professional home healthcare support for people of all ages with varying needs. Our services include personal care, home help, respite care, private care, individualised funding and carer support.

GET THE HELP YOU NEED TODAY!

Freephone: 0800 222 040
Email: homecare@visionwest.org.nz
www.homecare.org.nz

Gingerbread Men

Ingredients
- 2 cups plain flour
- ½ tsp baking soda
- 1 Tbsp ground ginger
- 1 cup Soft Brown Sugar, Dark Cane Sugar or Organic Coconut Sugar
- 150g butter, cubed
- 1 egg, beaten
- 1 Tbsp Golden Syrup

Icing
- 1 egg white
- 1 ½ cups Icing Sugar
- 1 tsp lemon juice
- Lollies or currants to decorate

Method
Preheat oven to 180°C bake (160°C fan-forced). Line two baking trays with baking paper. Place the flour, baking soda, ginger and sugar in a bowl or food processor. Add butter and rub in with fingertips or pulse in food processor until it resembles fine breadcrumbs. Add egg and golden syrup and stir or pulse to mix. If the dough is sticky, add a little more flour until it forms a workable dough. Wrap in plastic wrap and refrigerate for 30 minutes. Roll out on a lightly floured surface or between two sheets of baking paper until 5mm thick. Cut out shapes using biscuit cutters and place on trays. Form leftover dough into a ball and re-roll and repeat cutting out until dough is used up. Bake for 8-10 minutes until golden brown. Cool on a wire rack.

Icing
Make icing by beating egg white with a fork until frothy. Fold in the other ingredients and place icing in a resealable bag. Snip off the corner and pipe decorations onto each biscuit. Use icing to attach lollies or currants.

Recipe courtesy of Food in a Minute.
How you can help

Our services are only partially funded by the government. We need your help to raise the rest. Act now! Donation and membership forms are available below, or give Teresa a call on (09) 820 0184. Alternatively, you can donate on our website: www.ageconcernauckland.org.nz

With the support of our members, donors and supporters, over the last 12 months, we have been able to identify areas for further service development and expansion. As a result we have been able to recruit more social workers to support the most vulnerable older people in our communities. We have also launched an Asian Service that has enabled us to support the older Chinese population in our communities.

DONATE AND SUPPORT THE WORK WE DO IN OUR COMMUNITIES

If you would like to support Age Concern, please complete the following and return to us at: PO Box 19542, Avondale, Auckland 1746 or call (09) 820 0184

- I would like to make a donation of $____________. Please enclose a cheque made to Age Concern Auckland Inc. Donations of $5 or more may be eligible for a 33% tax credit from the government.
- I would like more information about how I can leave Age Concern something in my Will.
- I would like more information about how I can volunteer.

Name: ___________________________________
Address: ________________________________________________________________
Postcode: ________________________________
Phone: _________________________________
E-mail: ___________________________________

Thank you for your ongoing support to ensure that we can continue supporting older people living in our communities.

Thanks to our wonderful supporters

Age Concern Auckland works with thousands of older people, their families/whanau, and organisations across Central and West Auckland - from those simply seeking advice and guidance to our most vulnerable elderly who are living in our communities.

On behalf of the Board and Staff of Age Concern Auckland, we would like to thank all those who have supported us from the period 1st November 2017 to 1st March 2018.

- All our individual supporters who gave us donations – every dollar counts!
- All our wonderful volunteers, who collectively give more than 200 hours every single week.
- Auckland Council
- Blockhouse Bay Community Centre
- Countdown Lincoln Road
- Estate of Charles Bagley
- Foundation North
- Four Winds Foundation
- First Sovereign Trust
- Lottery Grants Board
- Louisa and Patrick Emmett Murphy Foundation
- Lynfield College
- Lion Foundation
- Mercury Energy
- Milestone Foundation
- Ministry of Health
- Ministry of Social Development
- Sir John Logan Campbell Residuary Estate
- SkyCity Auckland Community Trust
- Ted and Mollie Carr and Estate of Ernest Hyam Davis
- The Trusts Community Foundation
- Transdev
- Waitakere City Cake Decorators Club
- Western Quilters Circle
- Working Together More Fund